



#CONTROL



A weight loss aid that contains vitamins, minerals, and a bulking agent to create a feeling of fullness and to help curb the appetite.

Chromium, an essential trace mineral, has been added to this combination to aid in the metabolism of sugar and carbohydrates. Before meals, taken with an 8oz glass of water, carboxymethylcellulose can swell seven times its dry volume in the stomach. This promotes a feeling of fullness and prevents over-eating.

- ✓ **Creates a Feeling of Fullness**
- ✓ **Promotes a Sense of Satiety**
- ✓ **Natural, Safe & Effective**
- ✓ **Clinically Proven**

Each 3 capsules contains:

Carboxymethylcellulose	510 mg
Chromium	300 mcg
Vitamin A	1530 mcg
Vitamin D	9.75 mcg
Calcium	87 mg
Vitamin C	60 mg
Phosphorus	45 mg
Niacinamide	21 mg
Riboflavin	1.2 mg
Thiamine	1 mg
Iron	18 mg

In a proprietary blend of **Forslean, Lipoic Acid, Nicotinamide Ribose, Coenzyme Q10, Pine Bark Extract**, and trace minerals

Pharmaceutical Grade and Therapeutically Dosed

Forslean is an ayurvedic herb which may be beneficial in weight loss by activating hormone sensitive lipase, starting a cascade of events which may result in increased fat burning and preservation of lean body mass.

Lipoic Acid is a vital "co-factor" for enzymatic reactions within the mitochondria, helping to optimize energy conversion and increase ATP production. Recent research reveals lipoic acid's ability to alleviate mitochondrial dysfunction in aging cells (thus improving mitochondrial function). Lipoic Acid has also been shown to improve the diabetic condition by facilitating more efficient conversion of sugar (glucose) into energy, therefore improving blood sugar metabolism.

Coenzyme Q10 has many health benefits including possibly reducing symptoms related to heart failure such as shortness of breath, difficulty sleeping, and swelling. It also plays a role in the production of ATP and may reduce symptoms of mitochondrial disorders.

Pine Bark Extract is believed to have antioxidant properties and stimulate the immune system. Studies have shown Pine Bark Extract may also be beneficial in lowering blood sugar levels as well as improving blood flow.

May assist in:

- Providing a feeling of fullness
- Controlling appetite
- Reducing cravings for sugar and carbohydrates
- Increasing the rate of metabolism and helping to burn calories



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